The King County Play Equity Coalition hosted its first meeting on October 17 at the Othello-UW Commons, a collaboration space that prioritizes community-informed work in our region. Over 50 youth physical activity leaders and representatives attended to learn about State of Play: Seattle-King County and the Coalition’s goals moving forward, connect with other like-minded individuals, and begin to form working groups to tackle the first steps in the Coalition’s work.

At the meeting, we asked participants to share brief answers in writing to two questions:

- If all King County youth were active to a healthy level, what would that look like?
- What can you do to support youth physical activity in this region?

Here are some themes, phrases, and words we saw most:

If all King County youth were active to a healthy level, what would that look like?

What can you do to support youth physical activity in this region?
The King County Play Equity Coalition will be publishing regular posts on a blog to highlight salient themes and existing research in youth physical activity, provide a deep-dive into findings from State of Play: Seattle-King County, as well as provide information about related organizations in our community and opportunities for individual stakeholders to take action based on the blog topic. This month’s blog posts include:

- Can Screens and Physical Activity Coexist?
- The Pivotal but Difficult Role of Schools in Youth Physical Activity

Organization Spotlight

Each newsletter we will spotlight an organization involved with the King County Play Equity Coalition. This week, we highlight the national organization Soccer Without Borders. Soccer Without Borders in Seattle specifically serves newcomer immigrant and refugee youth at the Seattle World School, emphasizing team-building, mentorship and academic support. Nationally, Soccer Without Borders has a mission to “use soccer as a vehicle for positive change, providing under-served youth with a toolkit to overcome obstacles to growth, inclusion, and personal success.”

Upcoming Related Events

Safe Routes to School: Bike and Pedestrian Safety Education
The OSPI Safe Routes to School: Bike and Pedestrian Safety Education (SRTS) program applications are open. The program is made possible by a grant from the Washington State Department of Transportation (WSDOT). The goal of the program is to improve safety and encourage more students in grades 6–8 to safely walk and bicycle to school. The Office of Superintendent of Public Instruction (OSPI) provides training and materials to the funded districts. Current grants totaled approximately $30,000, and are used to purchase a set of bikes, trailers for storage and transport, curriculum, and more. Read more and apply here.

Bridge Conference
Date: Monday, October 28 to Tuesday, October 29, 2019
Location: Hyatt Regency Lake Washington at Seattle's Southport - 1053 Lake Washington Blvd N, Renton, WA 98056
Details: This conference brings together nationally renowned speakers, expanded learning professionals, school leaders, funders, researchers, policymakers, trainers/coaches and more to focus on engaging and interactive program practices, educational equity, partnership building, research, resources, and more.

Northwest Nature and Health Symposium
Date: Wednesday, October 30, 2019
Time: 9:30am-5:30pm
Location: waʔabʔaltxʷ – Intellectual House - 4249 Whitman Court, University of Washington, Seattle, WA 98105
Details: This annual symposium brings together professionals and community leaders in health, conservation, design and planning, and education to learn from each other and explore common goals and collective strategies related to the human health benefits of being in nature.

The Center for Leadership in Athletics (Center) develops effective leaders and leadership practices that maximize the positive, educational impact of athletics. If you have any news to share with the Center, please send a message to uwcla@uw.edu.